Complete this chart when a resident starts to experience choking events.

Each episode should be recorded by staff and kept in the resident’s care plan with easy access, to enable risk management and care planning to occur.

First aid for choking & CPR protocols should be followed. Ensure all care home staff have received up to date training. More guidance on first aid can be found on the NHS website: https://www.nhs.uk/common-health-questions/accidents-first-aid-and-treatments/what-should-i-do-if-someone-is-choking

Note the following ‘complications’ guidance on the NHS webpage, which advises:

**“Get urgent medical help at an A&E, NHS walk-in centre or a GP if:**

* **they have a persistent cough after choking**
* **they feel something is still stuck in their throat**

**Abdominal thrusts can cause serious injuries. A health professional such as your GP or a doctor in A&E should always examine someone after they have received abdominal thrusts.”**

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| Date | Time | Location of resident | Seating position | Description of food being eaten at the time, including IDDSI level | How were staff alerted & speed of response | First aid techniques carried out by staff ie. ask to cough; back blows; abdo thrusts; CPR if unresponsive.***Refer to your care home specific policies for guidance*** | Escalation to other services *999 call; review by GP/ward round team****Note- ELHT community SLT referral can be made for oropharyngeal swallow assessment & management, but this is not an emergency service*** <https://elht.nhs.uk/services/speech-and-language-therapy> |
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