

ELCAS specialist CAMHS teams referral criteria (for children and young people up to the age of 18)			Exclusion criteria
Presenting difficulties	Examples	Interventions offered by ELCAS (Thrive: 'Getting More Help')	Presenting difficulties ELCAS are not commissioned to assess or manage
Severe & complex mental disorders	<ul style="list-style-type: none"> <li>Severe depressive disorders.</li> <li>Severe anxiety disorders, including Obsessive-Compulsive Disorders and Post-Traumatic Stress Disorder, that are resistant to psychological therapies</li> <li>Psychosis under the age of 14 years old</li> <li>Severe difficulties with emotional and behavioural dysregulation</li> </ul>	<p>Specialist mental health assessment (including risk assessment)</p> <p>Interventions within specialist CAMHS multi-disciplinary team where required which may include:</p> <ul style="list-style-type: none"> <li>Evidence based psychological therapies and interventions</li> <li>Systemic Interventions</li> <li>Pharmacological interventions</li> </ul>	<p>Mild/Moderate mental disorders (Management co-ordinated through a range of other services including CYPPS within the NHS; wellbeing services commissioned by the Local Authority; and Mental Health Support Teams in schools where available)</p> <p>Psychosis over the age of 14 (EIS commissioned to provide)</p> <p>Personality Disorder over the age of 16 (commissioned within LSCFT)</p> <p>Eating Disorders and co-morbid conditions (All Age Eating Disorder Service are commissioned for the assessment and management of these disorders)</p>

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Self-harm & Suicidal Ideation	<ul style="list-style-type: none"> <li>Persistent acts of self-harm which result from severe or complex mental disorder</li> <li>Young people presenting with persistent suicidal thoughts resulting from severe or complex mental disorder</li> </ul>	<p>Specialist mental health assessment of current presentation and needs</p> <p>Risk assessment and advice on role of specialist CAMHS in multi-agency risk management</p> <p>Interventions within specialist CAMHS multi-disciplinary team where required.</p>	<p>Isolated acts of self-harm related to psychosocial stressors, rather than severe or complex mental disorder</p> <p>Referrals for these children should be made to health or social care services who are commissioned to meet their underlying needs.</p>
Neurodevelopmental disorders	<ul style="list-style-type: none"> <li>Assessment of Attention Deficit Hyperactivity Disorder (ADHD) for first presentation of children aged 11 and over - and subsequent management of ADHD as is required.</li> <li>Severe and complex tic disorders (not responding to behavioural/psychological approaches)</li> </ul>	<p>Assessment and management and treatment of young people with diagnosed ADHD</p> <p>Evidence based psychological and behavioural intervention for tic disorders, alongside consideration of pharmacological intervention</p> <p>Co-ordination of management of co-morbidity</p>	<p>Moderate/Severe Intellectual Disability and co-morbid conditions (Paediatric Learning Disability Services commissioned to work with children with these difficulties)</p> <p>Assessment for Intellectual Disability</p> <p>Sleep and behavioural difficulties (where there is no severe or complex mental disorder)</p> <p>Assessment and management of Autism Spectrum Disorder (commissioned from Community Neurodevelopmental Paediatrics and Action for ASD)</p>
Children requiring urgent mental health assessment	<ul style="list-style-type: none"> <li>Children up to the age of 16 requiring urgent mental health assessment, and presenting with the difficulties listed above</li> </ul>	<p>Specialist mental health assessment of current presentation and needs</p> <p>Risk assessment and advice on role of specialist CAMHS in multi-agency risk management</p>	<p>Young people aged 16 and over requiring, or likely to require, urgent mental health assessment should be assessed within LSCFT services commissioned to deliver this (Crisis Team; A&amp;E liaison; CMHT).</p>

		Interventions within specialist CAMHS multi-disciplinary team where required.	Children aged under 16 presenting with urgent needs relating to eating disorders and co-morbidity; psychosis; or moderate/severe intellectual disabilities; should be referred to the specialist mental health teams indicated above.
			<p>Substance Misuse (specialist substance misuse services commissioned locally)</p> <p>Sexually harmful behaviours (specialist services such as GMAP available)</p>

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