

A Step-by-Step Guide to Breast Screening

This guide will explain the steps involved in having a breast screening x-ray (mammogram)





Step 1

Every 3 years women aged 50-71 will receive a letter inviting them to attend an appointment for breast screening. If this appointment is not at a convenient day/time/place, please call the breast screening office on 01282 805301 and we will be happy to rearrange.

East Lancashire Breast Screening Programme Questionnaire

Name _____
 Date of Birth _____ Ethnicity _____
 Telephone / Mailing Address _____
 Have you had a breast x-ray (Mammogram) before? Yes No
 If yes when and where? _____
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 Previous Mammogram confirmed _____ By _____
 Have you ever had breast surgery? Yes No When _____
 breast cysts? Yes No When _____
 breast cancer? Yes No When _____
 Are you taking Hormone Replacement Therapy (HRT)? Yes No
 Have you any present breast symptoms? (e.g. lump, skin changes, nipple discharge) Yes No
 If yes, please give details _____
 Have you seen your GP in the last 6 months about any breast related problem?
 Yes No Which side was the problem? R L
 What was the outcome of this consultation? _____
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Step 2

On the reverse of the appointment letter is a questionnaire please fill this in and bring it with you to your breast screening appointment.



Step 3

Women will have their breast screening at our base unit at Burnley General Hospital or on our mobile unit which visits 11 different locations throughout the region.





Step 4

Once you arrive at the base unit/mobile unit a receptionist or radiographer will check your details.



Step 5

You will then be asked to take a seat in our waiting area.



Step 6

A female mammographer will explain how the breast x-ray (mammogram) is taken, and ask you to undress to the waist.



Step 7

A female mammographer will take the breast x-ray (mammogram) this may be uncomfortable but only lasts a few seconds.



Step 8

Two trained film readers check the x-rays to look for changes in the breast tissue.



Step 9

Women should receive their screening results in writing within 2 weeks.