

## LabourPains.com

Reliable information from doctors, midwives & mothers on pain relief & anaesthesia choices for your baby's birth

## Mums . . . Reliable Information for You!

Free, mobile friendly website created especially for expectant parents and their families



To access information and videos about pain relief and anaesthesia, go to www.LabourPains.com



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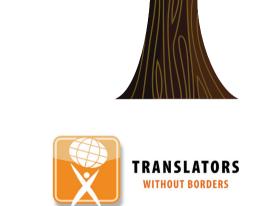


## **Translations**

Information in over 40 languages completely free!

New translations and videos added frequently

'We are grateful to volunteers from Translators without Borders for their help with this project'



## **Information On:**

Pain Relief in Labour

Anaesthesia for C-Section

**Epidural Information Card** 

Headache after Spinal / Epidural

Anaesthesia if Overweight and Pregnant

