

Maternity Triage - Patient Journey



Call the triage number 01282 804213 if you experience any urgent problems from 16 weeks to 28 days after having your baby. The telephone triage midwife will advise you over the phone and you may be invited to attend triage. Some reasons to call may include:

- Reduced or Changed Fetal Movements
- Abdominal or Pelvic Pains
- Vaginal Bleeding
- If you think your waters may have broken or you may be in labour
- Visual changes (spots, flashing lights, blurry vision)
- Any trauma such as a fall or any hit to the abdomen
- Concerns after having your baby such as wound care
- Any instinct that something is off or doesn't feel normal for you and your baby



Arrival and check in

Arrive at maternity triage and check in at the front desk.

We will confirm your details, your pregnancy history, and ask about the reason you've come in today.



Initial triage assessment

A midwife will ask you a few focused questions about your symptoms, check your blood pressure, pulse and temperature and listen to your baby's heartbeat.

This quick assessment helps us decide how urgently you need to be seen.



Based on your symptoms and observations, you'll be placed into one of four priority categories (Red, Amber, Yellow or Green). This category will determine how quickly you need to be seen.

If your needs change whilst waiting to be seen or you feel unwell, please inform a member of staff immediately.



Complete assessment by midwife or doctor

When it is your turn a midwife or doctor will carry out a full review based on your symptoms. Additional checks may include listening to your baby over a longer period, taking blood tests, or examining you. We will explain everything as we go and make sure you have time to ask questions. Once your assessment is complete, we will talk you through what we found, what happens next and any treatment, monitoring, or follow-up needed.