If you have any questions or concerns about your child's eyes, please contact your local eye clinic.



Royal Blackburn Hospital - 01254 734653

Burnley General Hospital - 01282 804143

Community Clinics - 01282 805546

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My child needs to wear glasses

Information Leaflet



What happens next?

The optician has given you a glasses prescription form. Please take this to a high street optician of your choice to choose a pair of glasses. The form can cover the entire cost of a pair of glasses however, please note that some frames and lenses may cost slightly more and you may have to fund the excess

It is advisable to shop around to find the best pair of glasses for your child. For example, a wide frame helps your child to look through the glasses lens rather than a slim frame which your child may look over the top of. The staff in the shop will help you to pick the most appropriate style of frame for your child.

It is important that the glasses fit correctly. Your child's glasses should be fitted by a qualified dispensing optician or optometrist.

We have the glasses, what now?

It is very important that your child wears the glasses all of the time. Some children take a little longer to get used to wearing glasses than others so please persevere if it is a struggle at first. Your orthoptist will continue to advise you about glasses wear throughout your appointments.

My child says they can see better without the glasses?!

This is a common complaint. Your child has had reduced vision for a while but now with the help of the glasses the brain and eyes have to get used to working together. Once your child has settled in to the glasses fully, the vision should improve.

My child has broken/lost their glasses - help!

Please go back to the shop where you got the glasses from and they will be repaired/replaced for free within a year of the prescription being issued.

Please Note:

- Glasses cannot be repaired at the eye clinic.
- Your child will not get a new prescription at every visit. The strength of the glasses is usually checked once per year.
- It is important your child wears their glasses to every eye clinic appointment.
- We are unable to give more than one prescription in a 6 month period.