



Free To Be Me

NHS England – North West and Because2 Ltd are collaborating on an engagement project to capture the lived experiences of our trans and non-binary colleagues working for the NHS. A thematic report will be written at the conclusion of the project that is reflective of positive support and perceived barriers in career progression or stability.

Ralph Tonge, Kirsty Knivett, and Ellie Lowther are providing opportunities for colleagues to complete an online survey, join online sessions, face-to-face events, and 1:1 conversations to hear lived experiences in safe environments. Ellie is an expert in the experiences of trans and non-binary communities, having transitioned over a decade ago. Because2 have extensive experience of supporting trans and non-binary persons on professional and personal levels, during different phases of transition.

Online Sessions

Virtual Cuppa	21 st February	11.15am	Join via MS Teams
Saturday Social	25 th February	5.00pm	Join via MS Teams
Virtual Cuppa	14 th March	11.15am	Join via MS Teams
Saturday Social	25 th March	5.00pm	Join via MS Teams
International Trans Day of Visibility	31 st March	11.15am	Join via MS Teams
Virtual Cuppa	4 th April	11.15am	Join via MS Teams
Virtual Cuppa	18 th April	11.15am	Join via MS Teams
Saturday Social	29 th April	5.00pm	Join via MS Teams



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Roadshow Events

Stockport	7 th March	Details TBC
Bolton	8 th March	12.30pm-4.30pm @ Bolton Hub, Bold Street, BL1 1LS
Oldham	9 th March	Details TBC
Prescot	10 th March	Workshop @ Nightingale House, Whiston Hospital, L35 5DR
Wigan	18 th April	Details TBC
Blackburn	19 th April	TBC @ Education Centre, Royal Blackburn Hospital, BB2 3HH
Lancaster	20 th April	TBC @ Moor Lane Mills, Lancaster, LA1 1QD

1:1 Conversations

You can book a 1:1 session with Ralph, Kirsty or Ellie, using the links below.

Ellie Lowther [Ralph Tonge](#) [Kirsty Knivett](#)

If these links do not work, please email individually:

ellie@because2.co.uk ralph@because2.co.uk kirsty@because2.co.uk

Online Survey

All colleagues are also invited to complete this online survey.

<https://forms.office.com/e/CH2ertqNww>

If you have any questions, please contact freetobeme@because2.co.uk for further details.

Are you on LinkedIn? [Ellie Lowther](#) [Ralph Tonge](#) [Kirsty Knivett](#)