

# East Lancashire - Young People's Mental Health

**Concerned about your Mental Health?  
Are you under 18 or concerned about  
someone under 18?**

**Advice sessions are available on-line via  
Attend Anywhere, delivered by ELCAS.**

**Log on using the hyperlink - <https://nhs.vc/HLSC/CAMHS>**

**Enter the word "ELCAS" as the first name and "drop in" as the  
second name followed by your date of birth. You will then enter our  
virtual waiting area where we will collect you.**

<b>First Wednesday of every month</b>	<b>1pm – 3pm</b>
<b>Second Wednesday of every month</b>	<b>3pm – 5pm</b>
<b>Third Wednesday of every month</b>	<b>5pm – 7pm</b>
<b>Fourth Wednesday of every month</b>	<b>1pm – 3pm</b>