

Coeliac Disease

You have been referred to the dietetic department for advice on a gluten free diet for coeliac disease.

As you are aware the NHS is currently under immense pressure due to the current COVID 19 pandemic. During this period we are not able to provide our usual service as we need to prioritise to reduce the risk to our patients. Your details will be placed onto a waiting list for an appointment when pressures ease.

In the meantime please find some self-help guidance links attached.

NHS patient webinars <https://patientwebinars.co.uk/coeliac/>

Coeliac UK is a fantastic resource for reliable information: <https://www.coeliac.org.uk>

If you would like local support from Coeliac UK: <https://www.coeliac.org.uk/local-groups/east-lancs/>
or search for East Lancs Coeliac UK group on Facebook or follow @CoeliacELancs on Twitter

A checklist for gluten free foods can be found here: <https://www.coeliac.org.uk/document-library/6679-gluten-free-checklist-january-2020/>

Further resources such as a presentation on coeliac disease can be found at:
<https://www.elht.nhs.uk/services/dietetics>

If you have any concerns that are not covered within these resources please contact coeliac UK on 0333 332 2033

Thanks in advance for your understanding.