

Paediatric Cystic Fibrosis Resources

As you are aware the NHS services have changed due to the current COVID 19 pandemic. However a member of your cystic fibrosis team will be keeping in regular touch with you.

The CF Trust Youth Programme are launching a series of online activity nights to provide young people the opportunity to socially engage whilst they are shielding. The first event takes place on Wednesday 7/4/2020 which will be a movie night for 10-16 year olds on Netflix Party. People can find out more by emailing cfyouth@cysticfibrosistrust.org.uk or follow them on Twitter at @CFTrustYouth.

You may find some of the links on the self-help page of our website useful such as:

- Emotional wellbeing in relation to the coronavirus
- Children's guide to the Coronavirus