

_____ Should have their patch on

Right eye Left eye

For hours a day.

If you have any concerns, please contact your orthoptist.

Orthoptist name: _____

Contact number: _____

My child needs to wear an eye patch

Information Leaflet



Safe | Personal | Effective

www.elht.nhs.uk

What causes a lazy eye (amblyopia)?

A lazy eye may be caused by a number of things. For example, a squint or being more long or short sighted in one eye.

How does wearing an eye patch work to treat it?

Patching works by covering the better seeing eye to make the lazy eye work harder and therefore, improve the vision. Your orthoptist will let you know how many hours your child should wear the patch every day.

What about my child's glasses?

Your child will still need to wear their glasses all of the time. It is very important the patch and glasses are worn together.

How do you put the patch on?

If your orthoptist has given you a sticky eye patch, this is applied directly to the face over

the better seeing eye. There are some fabric patches which are attached along your child's glasses leg. Your orthoptist will advise you what patch is best for your child.

My child has a squint. Will the patch treat it too?

No, the eye patch will only improve the vision in the lazy eye.

Does it work?

Yes, if your child wears the eye patch as advised. Unfortunately, there is no operation to cure a lazy eye.

What if my child doesn't wear the patch?

It is important to keep your child busy through drawing, reading, playing with their toys/tablets and watching TV. Perhaps, keep a reward sticker chart. Encouragement from those around them and making it as fun as possible is key to success.