

BREASTFEEDING SUPPORT In Blackburn with Darwen

DROP IN /NO APPOINTMENT NECESSARY

A chance to meet new friends and receive feeding support from trained staff if needed

**From 1 March 2022 - No appointment necessary
All welcome**

Tuesday: 1:00pm-2:00pm
Livesey Children's and All Age Centre
(01254) 507950

Wednesday: 1:00pm – 2.00pm
Audley Children's Centre
(01254) 507750

Friday: 10:00am – 11:00am
Darwen Children's Centre
(01254) 778900



TBC/ coming soon groups at Little Harwood CC and Wensley Fold CC....



WEST PENNINE SLINGS

Visit West Pennine Sling FB page to speak to a baby wearing consultant. They can help you find the right sling or carrier for you and your family. Or you can call 07900987789

[Amazing support at your fingertips - download these hyperlinks save them to your phone.....](#)

<https://www.unicef.org.uk/babyfriendly/support-for-parents/> -

<https://elht.nhs.uk/services/maternity-and-newborn-services/infant-feeding>

Families and Babies Night Time helpline 09.30 pm – 12 midnight 365 days

01254 77 2929

National Breastfeeding Helpline number:

0300 1000 212

365 days / year 9:30am - 9:30pm

You can also contact your Midwife or Health Visitor for breastfeeding support

We are all here to help you