

Research and Development

Research bulletin, January 2019

Safe effective care through research

Serenity study first patient at ELHT



Pictured L-R: Consultant Gynaecologist, Mr Simon Hill, Research Midwife, Bev Hammond

East Lancashire Hospitals NHS Trust recruited the first patient into the Serenity research study.

Serenity is a proof of concept study, sponsored by Astellas Pharma Europe BV (APEB), investigating the efficacy, safety, pharmacodynamics and pharmacokinetics of a new therapy, ASP6294, in women diagnosed with bladder pain syndrome/interstitial cystitis. The study opened to recruitment at ELHT in December 2017 and completed enrolment in November 2018.

Bladder pain syndrome is a condition with a high, unmet, medical need, due to a combination of high prevalence, a large burden for patients diagnosed with the condition, and a lack of effective treatments.

Consultant Gynaecologist, Mr Simon Hill, Principal Investigator for the study at ELHT said, "This has been a particularly challenging phase 2 study to recruit to. I am proud to be the only UK centre to have successfully entered patients. This is because of the tireless efforts of Bev Hammond (Research Midwife), Matt Milner (Senior Research Support Officer) and Farzana Patel (Research Nurse), a brilliant research team. Thank you!"

Follow us on twitter

The ELHT Research and Development department launched a twitter account last month, reaching 100 followers in just 7 days. You can follow the research team on [@ELHTresearch](https://twitter.com/ELHTresearch).



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- Research twitter account
- NIHR patient experience survey – **deadline approaches**
- Research for the Future
- ENGAGE study publication

Contact us

For support and information on research at East Lancashire Hospitals NHS Trust, please contact the R&D Department Level 3, Royal Blackburn Hospital
Tel: 01254 733008
Email: research@elht.nhs.uk

Celebrating research at ELHT

If you'd like to include a story about your research, please contact: hazel.aston@elht.nhs.uk

Network news

NIHR Patient Research Experience Survey – deadline approaches

The NIHR Patient Research Experience Survey **closes at the end of January**, so there are only a few days left to submit completed questionnaires.

The survey gathers the views of research participants about their experiences of taking part in clinical research. The information gathered will be used to help shape how research is designed, conducted and delivered. The survey can be completed as paper copies, available from the R&D department, [or on-line](#).

Research for the Future and the ‘Help BEAT’ campaigns



Research for the Future is an NIHR Greater Manchester initiative to get people involved with health research.

A series of ‘Help BEAT’ campaigns invite people living with certain long term conditions to register their details on a volunteer database. Current campaigns are Help BEAT Diabetes, Help BEAT Heart Disease, Help BEAT Kidney Disease and Help BEAT Respiratory Disease. All volunteers live in and around Greater Manchester, are over the age of 18 years, interested in taking part in research and have agreed to be approached about future studies.



Research for the Future helps support recruitment into research studies involving patients with these conditions. They can inform volunteers registered on their database about research studies where they meet the broad inclusion criteria. Research for the Future can also promote research studies on their website and social media platforms. To find out more visit www.researchforthefuture.org or email research.future@srft.nhs.uk.

Publications

The ENGAGE study

The ENGAGE study has been published in the journal [Clinical Breast Cancer](#). East Lancashire patients contributed to the research study, which recruited over 400 women at higher risk of breast cancer, from 20 centres across England.

Women participating in the study shared their views on taking tamoxifen as a preventative medication. Around 72% of the women studied said they were worried about the long-term effects of tamoxifen and 57% believed that the drug would give them unpleasant side-effects.

In a follow-up questionnaire, answered by 250 participants, researchers found that fewer than 15 per cent of respondents were taking tamoxifen, despite having discussed preventive therapy with a healthcare professional.

Research measures included in CQC well-led inspection framework

Research measures have been published as part of the revised Care Quality Commission (CQC) Trust-wide, well-led inspection framework. Highlighted in our December Research Bulletin, the framework asks how patients and carers are given the opportunity to participate in clinical research. Measures also include staff awareness of research activity and the support research requires, and the Trust's internal reporting systems for the range, volume, activity, safety and performance of research. Further details can be found on the [CQC website](#) in section W8 of the framework.

Research training opportunities

Public Involvement in Research in the North West – Creating Inclusive Research

Date: Thursday 14 March 2019

Duration: 1 day

Location: The Pyramid, Warrington

Are you a researcher, health or social care professional, post-graduate student or public contributor in health and social care? Are you interested in developing your understanding of how considering health inequalities and diversity and inclusion in public involvement, can help in your work? [Click here](#) for more information on the training day.

Involve: Public reviewing with the National Institute for Health Research (NIHR)

Free e-learning module for new and experienced reviewers of health and social care research.

[Click here](#) for more information on this course.

NHS R&D Forum Training Courses

Local Capacity and Capability for Research

Date: February 4, 2019

Duration: 1 Day

Location: London

Essentials of NHS Research

Date: March 25, 2019

Duration: 2 Days

Location: Bristol

Data Management Masterclass in a Healthcare Setting

Date: April 3, 2019

Duration: 1 Day

Location: London

[Click here](#) for more information on these training courses.